



November



FLAMINGTEXT.COM

Mon	Tue	Wed	Thu	Fri
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<p>4</p> <p>Cereal, Yogurt, Pears, Fruit Juice, Milk</p> <p>Chicken Nuggets, Mashed Potatoes/Gravy, Spinach Salad, Tropical Fruit, Wheat Roll, Milk Salad Bar , Fruit</p>	<p>5</p> <p>Sausage-n-Cheese Biscuit, Pineapple, Fruit Juice, Milk</p> <p>Corndog, Curly Fries, California Blend, Applesauce, Milk</p> <p>Salad Bar, Fruit</p>	<p>6</p> <p>Cereal, Wheat Toast, Peaches, Fruit Juice, Milk</p> <p>Chicken-n-Cheese Burrito, Lettuce, Tomato, Mexican Corn, Chips-n-Salsa, Pears, Milk</p> <p>Salad Bar, Fruit</p>	<p>7</p> <p>Blueberry Muffin, Ham, Tropical Fruit, Fruit Juice, Milk</p> <p>Sloppy Joe/Bun, Pickles, Baked Beans, Tater Circles, Pineapple, Milk</p> <p>Salad Bar, Fruit</p>	<p>8</p> <p>French Toast Sticks, Applesauce, Fruit Juice, Milk</p> <p>Chili, Cheese, Crackers, Carrot-n-Celery Sticks, Cinnamon Roll, Peaches, Milk</p> <p>Salad Bar, Fruit</p>
<p>11</p>	<p>12</p> <p>Cereal, Poptart, Fruit Cocktail, Fruit Juice, Milk</p> <p>Italian Pasta Bake, Spinach Salad, Peas-n-Carrots, Breadstick, Tropical Fruit, Milk</p> <p>Salad Bar, Fruit</p>	<p>13</p> <p>Scrambled Eggs, Wheat Toast, Peaches, Fruit Juice, Milk</p> <p>Biscuit/Gravy, Tri-Tater, Carrot Sticks, Peaches, Milk</p> <p>Salad Bar, Fruit</p>	<p>14</p> <p>Cereal, Muffin, Pears, Fruit Juice, Milk</p> <p>Chicken Strips, Mashed Potatoes/Gravy, Cooked Carrots, Wheat Roll, Pineapple, Milk</p> <p>Salad Bar, Fruit</p>	<p>15</p> <p>Pancake, Applesauce, Fruit Juice, Milk</p> <p>Taco Soup, Carrots-n-Celery Sticks, Chips-n-Salsa, Pears, Cookie, Milk</p> <p>Salad Bar, Fruit</p>
<p>18</p> <p>Cereal, Teddy Grams, Peaches, Fruit Juice, Milk</p> <p>Macaroni-n-Cheese, Meatballs, Peas, Carrot Sticks, Applesauce, Teddy Grams, Milk</p> <p>Salad Bar, Fruit</p>	<p>19</p> <p>Ham-n-Cheese Biscuit, Pineapple, Fruit Juice, Milk</p> <p>Hamburger/Bun, Cheese, Pickles, Lettuce, Tomato, French Fries, Baked Beans, Peaches, Milk</p> <p>Salad Bar, Fruit</p>	<p>20</p> <p>Cereal, Wheat Toast, Fruit Cocktail, Fruit Juice, Milk</p> <p>Taco, Lettuce, Tomato, Cheese, Refried Beans, Chips-n-Salsa, Tropical Fruit, Milk</p> <p>Salad Bar, Fruit</p>	<p>21</p> <p>Donut, Cheese Stick, Tropical Fruit , Fruit Juice, Milk</p> <p>Hotdog/Bun, Tater Circles, Spinach Salad, Pears, Milk</p> <p>Salad Bar, Fruit</p>	<p>22</p> <p>Pancake on a Stick, Applesauce, Fruit Juice, Milk</p> <p>Turkey, Mashed Potatoes/Gravy, Green Beans, Strawberry Salad, Roll, Pumpkin Pie, Milk</p>
<p>25</p> <p>Cereal, Yogurt, Pears, Fruit Juice, Milk</p> <p>Chicken Patty/Bun, Lettuce, Tomato, Potato Salad, Potato Wedges, Peaches, Milk</p> <p>Salad Bar, Fruit</p>	<p>26</p> <p>Waffle, Sausage, Applesauce, Fruit Juice, Milk</p> <p>Pepperoni Pizza, Corn, Spinach Salad, Pineapple, Milk</p> <p>Salad Bar, Fruit</p>	<p>27</p>	<p>28</p>	<p>29</p>